



**Benefits and Wellness Committee
Meeting Agenda**

**Wednesday, September 16, 2026
10:00 a.m.**

[Zoom](#)

Meeting ID: 847 5142 9146

Passcode: 499244

(669) 444-9171

All portions of this meeting will be conducted via teleconference in accordance with Government Code Section 54953. The teleconference locations are as follows:

- Sedgwick, 1750 Creekside Oaks Dr, Suite 200, Sacramento, CA 95833
- Lakeside Fire Protection District, 12216 Lakeside Ave., Lakeside, CA 92040
- Murphys Fire Protection District, 37 Jones St, Murphys, CA 95247
- South Lake County Fire Protection District, 21095 Hwy 175, Middletown, CA 95461
- Southern Marin Fire District, 28 Liberty Ship Way, Suite 2800, Sausalito, CA 94965
- Tiburon Fire Protection District, 1679 Tiburon Blvd, Tiburon, CA 94920

Each location is accessible to the public, and members of the public may address the Committee from any teleconference location.

In compliance with the Americans with Disabilities Act, if you need a disability-related modification or accommodation to participate in this meeting, please contact Amanda Bistolfo at (916) 244-1190, amanda.bistolfo@sedgwick.com. Requests must be made as early as possible, and at least one full business day before the start of the meeting.

Documents and materials relating to an open session agenda item that are provided to the Committee will be available for public inspection at 1750 Creekside Oaks Drive, Suite 200, Sacramento, CA 95833.

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1. **CALL MEETING TO ORDER; ROLL CALL**
2. **APPROVAL OF AGENDA AS POSTED OR AMENDED**
3. **PUBLIC COMMENTS** - *This time is reserved for members of the public to address the Committee relative to matters of FRMS not on the agenda. No action may be taken on non-agenda items unless authorized by law. Comments will be limited to five minutes per person and twenty minutes in total.*
4. **CONSENT CALENDAR**
 - 4 *A. Minutes of April 1, 2026, Benefits and Wellness Committee Meeting
Recommendation: Approval of the Consent Calendar.
5. **WORKERS' COMPENSATION MATTERS**
 - 11 A. Workers' Compensation Coverage for Employees & Volunteers Under Age 18
Recommendation: Provide direction to staff.
 - 18 *B. Utilization Review Bypass Protocol
Recommendation: Provide direction to staff.
 - 23 C. Request for Proposal for Workers' Compensation Claims Third Party Administrator
Recommendation: Discuss and give direction to staff.
6. **SAFETY & RISK CONTROL PROGRAM**
 - 25 A. Safety & Risk Control Webinars Update
Recommendation: Provide direction to staff.
7. **BENEFITS MATTERS**
 - 28 *A. Assessments Update for Discontinued Medical Benefits Program
Recommendation: None.
 - 30 *B. Claims Update on Discontinued Medical Benefits Program and Assessment Review
Recommendation: None.
 - 32 *C. Benefits Program Performance Update
Recommendation: None.
 - 57 D. Life and AD&D Insurance Program Revised Renewal Rates for Plan Year 2027
Recommendation: Approve and recommend to the FRMS Board of Directors to adopt revised renewal rates for the Life and Accidental Death & Dismemberment (AD&D) Insurance Program effective January 1, 2027.

8. ADMINISTRATIVE MATTERS

- 59 *A. Requests for Withdrawal
Recommendation: Approve the termination of participation in the FRMS Employee Benefits Program for Redway Community Services District and the City of Ceres effective January 1, 2027.

9. FINANCIAL MATTERS

- 63 A. Preliminary Employee Benefits Budget for the 2026/27 Program Year
Recommendation: Recommend approval of the Employee Benefits Budget for the 2026/27 Program Year.

10. WELLNESS MATTERS

- 66 *A. First Alarm Wellness Draft Contract
Recommendation: Receive and discuss contract negotiations with First Alarm Wellness and provide feedback to staff regarding additional services or contract provisions the Committee would like staff to pursue prior to presenting a final agreement for approval by the Board of Directors.

11. CLOSING COMMENTS

- A. Committee
- B. Staff

12. ADJOURNMENT

NOTICE:

The next regular meeting of the Benefits & Wellness Committee will be held at 10:00 a.m. on Wednesday, December 9, 2026, via teleconference.